



# MUGG & BEAN

GIVING YOU MORE AND MORE





SCAN TO  
DOWNLOAD  
OUR  
LOYALTY APP



1. Earn rewards & spend them any time
2. Link your bank card to make quick, safe & contactless payments
3. Order ahead & collect conveniently
4. Get your Coffee Subscription & save

## HOW WE MAKE



We go the extra mile to do more than just make food, by making food with thought.



### THINK QUALITY

From the first sip to the last bite, you can taste the difference.

We are committed to only using free-range eggs.

Our coffee is globally-sourced, locally-roasted & professionally poured.

We leave the skin on our fries because they're more nutritious that way.





### THINK WELLNESS

We do our best to offer you more and more, no matter your dietary requirements.

To help you make more informed choices, kilojoule counts are listed next to each meal & the full nutritional guide is on our website.

In partnership with Chef Mokgadi Itsweng, we're offering more delicious choices made with future thinking, locally sourced ingredients like sorghum, lentils & beans.

Find Mokgadi's creations using the  symbol.

We're Vitality HealthyDining partners – find approved meals using the  symbol.



### THINK COMMUNITY

A meal is only as good as the ingredients that were used to prepare it, so we source the majority from local farmers & suppliers.

We've expanded our partnership with Cupcakes of Hope by raising over R5 million since 2022. We are committed to raising awareness & funds for kids affected by childhood cancer.

As part of the YES (Youth Employment Service) Programme, we continue to employ young black South Africans in our restaurants every year.








#### CORTADO

Double shot of espresso with an equal amount of texturised milk.

34 | 183 kJ

#### Use these icons to find a meal that suits your preferences & dietary requirements:

-  Lacto-ovo vegetarian: Includes dairy products & or eggs
-  Vegan friendly: No use of, or containing any animal products
-  Discovery Vitality HealthyDining
-  New products
-  Mokgadi's Creations

# THE ROASTERY

Our baristas pour their passion & professionalism into every cup of coffee they make. Whether you like a creamy & velvety cappuccino or a reliable & robust filter coffee, we offer a variety of creations to satisfy your craving. We know that you have discerning tastes, so we've provided milk alternatives too.

Soy milk no charge | Almond milk\*\* +10 | Oat milk +10 | Decaf: Single +5 Double +8 | Whipped cream +12

## ESPRESSO

Single shot.

28 | 11 kJ

## DOPPIO ESPRESSO

Double shot.

30 | 23 kJ

## FLAT WHITE

Double shot of espresso with texturised milk.

38 | 637 kJ

## CAFFÈ LATTE

Single shot of espresso with texturised milk.

42 | 679 kJ

## AMERICANO

Double shot of espresso with hot water.

35 | 76 kJ

## CAFFÈ MOCHA

Hot chocolate & a single shot of espresso with texturised milk.

49 | 1111 kJ

**Add Hazelnut Syrup\***

+10 | 136 kJ

## FILTER COFFEE

Our coffee beans are locally roasted & ground. Choose between **HOUSE BLEND** or **MOCCA JAVA**.

### BOTTOMLESS

42 | 76 kJ

### SINGLE CUP

32 | 76 kJ

Served & charged per person. Unfortunately, sharing is not allowed.

## CAPPUCCINO

Espresso with texturised milk.

SHORT (Single Shot): 37 | 569 kJ

EASY (Double Shot): 42 | 717 kJ

SERIOUS (Double Shot): 47 | 1224 kJ

# BREAKFAST & BRUNCH

Served all day.

## EGGS BENEDICT

Poached egg, hollandaise sauce & a toasted English muffin.

### CLASSIC

Topped with hickory ham. Served with grilled tomato & a hash brown.

SINGLE: 66 | 3279 kJ

DOUBLE: 109 | 4190 kJ

### BUFFALO CHICKEN & BLUE CHEESE

Sesame-crust chicken strips coated in hot sauce, blue cheese crumbles & an extra drizzle of hot sauce.

SINGLE: 76 | 2600 kJ

DOUBLE: 127 | 4405 kJ

### BIG BEN

Topped with baby spinach, grilled tomato, hash brown, cheddar, hickory ham, back bacon & a battered onion ring.

SINGLE: 86 | 3259 kJ

DOUBLE: 139 | 5710 kJ

## OMELETTES

Three-egg or egg white omelette. Served with buttered white, wholewheat or rye toast.

Buttered sourdough toast +5 | 1098 kJ

### RANCHEROS

Filled with cheddar, mozzarella & shakshuka sauce. Topped with spicy bacon bits, avo<sup>^</sup>, baby potatoes, charred corn, cherry tomatoes & sriracha mayo. Served with sour cream.

144 | 5046 kJ

### CALIFORNIA

Filled with cheddar, mozzarella & fresh basil. Topped with avo<sup>^</sup>, back bacon, feta & basil pesto\*\* mayo. Served with roasted rosemary cherry tomatoes.

149 | 5088 kJ

## CREATE YOUR OWN

62 | 2402 kJ

### FILLINGS:

Onion	+10	100 kJ
Tomato	+15	70 kJ
Herbed Mushrooms	+30	188 kJ
Cheddar	+20	646 kJ
Mozzarella	+20	533 kJ
Back Bacon	+28	597 kJ
Hickory Ham	+36	352 kJ

## CLASSICS

Fried, scrambled or poached eggs. Served with buttered white, wholewheat or rye toast.

Buttered sourdough toast +5 | 1098 kJ

### ON-THE-GO

Two eggs, back bacon & grilled tomato.

72 | 3014 kJ

### CLASSIC

Two eggs, honey-glazed back bacon, grilled tomato & a hash brown. Served with rosemary-salted skin-on fries.

95 | 4758 kJ

### SOUTH AFRICAN FARM

Two eggs, back bacon, a hash brown, grilled tomato & boerewors topped with tomato chutney.

144 | 7390 kJ

### BREAKFAST ADD-ONS:

Sweetcorn Fritter	+24	612 kJ
Portion of Chicken Livers	+38	2100 kJ
100g Rump <b>NEW</b>	+69	932 kJ
Two Hash Browns	+30	204 kJ
Pork Banger <b>NEW</b>	+20	645 kJ



### HEARTY GRILL BREAKFAST **NEW**

BBQ basted 100g rump, back bacon, a pork banger, two eggs, a hash brown, grilled tomato & herbed mushrooms.

169 | 5157 kJ



### SOUTH AFRICAN EGGS BENEDICT

Topped with a boerewors patty & corn chakalaka.

SINGLE: 72 | 3270 kJ

DOUBLE: 124 | 5745 kJ



### SWEET POTATO HASH

Two sweet potato rostis, herbed tomato & spinach sauce & two poached eggs.

89 | 1517 kJ



Story behind the dish



## NUTRITIOUS & DELICIOUS

### AVO<sup>^</sup> ON TOAST

Cucumber, baby spinach, lemon zest & sesame seeds on lightly buttered wholewheat or rye toast.

82 | 1151 kJ / 1252 kJ

Buttered sourdough toast<sup>o</sup>

+5 | 1098 kJ

### LOW-CARB BREAKFAST

Two poached eggs, grilled halloumi, avo<sup>^</sup>, sautéed baby spinach & roasted rosemary cherry tomatoes.

129 | 2485 kJ


### YOGHURT, FRUIT & NUT BOWL

Full-cream plain yoghurt, fresh seasonal fruit, honey & a sprinkle of walnuts\*\*.

99 | 1340 kJ

### SPICY BEANS ON TOAST

Spiced tomato four bean medley served on buttered & toasted sourdough with a poached egg & pea pesto.

For a healthier option, choose wholewheat or rye. 

65 | 1946 kJ / 1798 kJ / 2022 kJ



Story behind the dish

## SOMETHING DIFFERENT

### SWEETCORN FRITTER STACK

Cheddar & spring onion sweetcorn fritters, back bacon, roasted rosemary cherry tomatoes, avo<sup>^</sup> & ranch dressing. Served with buttered white, wholewheat or rye toast.

116 | 3902 kJ

Buttered sourdough toast

+5 | 1098 kJ

## BAGELS

### BREAKFAST

Buttered & toasted bagel\*, back bacon, scrambled egg, rocket, tomato chutney & basil pesto\*\* hollandaise sauce.

84 | 3539 kJ

### BACK BACON & BLUEBERRY

Buttered & toasted bagel\*, cream cheese, back bacon, blueberry & vanilla coulis, candied walnuts\*\* & honey.

94 | 4224 kJ

# DELICIOUSLY FILLING

## OPEN SANDWICHES

### MEDITERRANEAN VEG

Grilled mixed peppers, roasted rosemary cherry tomatoes, basil pesto\*\* mayo, kalamata olives, feta & shakshuka sauce. Served on wholewheat or rye toast.

64 | 1479 kJ / 1581 kJ

### SMOKED TROUT

Cucumber ribbons, cream cheese, chives, red onion, lemon zest & black pepper. Served on lightly buttered wholewheat or rye toast.

122 | 1473 kJ / 1567 kJ

### ALABAMA CHICKEN STACK

Shredded chicken breast, tomato, back bacon & melted mozzarella on buttered sourdough toast. Topped with mustard cheddar sauce, honey mustard dressing & avo<sup>^</sup>. Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

139 | 4977 kJ

## TOASTED SANDWICHES

### CROQUE MADAME

Hickory ham, cheddar, sautéed onions & creamy mustard cheddar sauce on buttered & toasted sourdough. Topped with melted cheddar & a fried egg. Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

99 | 4199 kJ

*Buttered & toasted white, wholewheat or rye bread. Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.*

### CHEDDAR & TOMATO

77 | 3845 kJ

### CHICKEN MAYO

86 | 3985 kJ

### BACK BACON & EGG

99 | 3877 kJ

Buttered sourdough +10 | 2196 kJ

## BAGEL

### SMOKED TROUT

Buttered & toasted bagel\*, herbed cream cheese, red onion & cucumber salad. Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

124 | 3493 kJ

## FRESH SALADS

### SUMMER NOURISH

Feta, chilled sorghum, lentils, beetroot hummus, red onion, cucumber, cherry tomatoes & fresh herbs.

Served with a honey citrus dressing.

REGULAR: 79 | 1581 kJ

### MONTE CRISTO

Beef strips, bacon bits, avo<sup>^</sup>, blue cheese, cherry tomatoes & spring onion with mixed lettuce. Served with honey mustard dressing & bagel\* melba toast.

LIGHT: 114 | 2520 kJ

REGULAR: 194 | 3892 kJ



Story behind the dish



### SMOKED TROUT FRESH SALAD


Smoked trout, avo<sup>^</sup> cream, cucumber ribbons, pickled ginger, red onion, lemon zest, sesame seeds & mixed lettuce. Served with a soy citrus dressing.

REGULAR: 175 | 1172 kJ



<sup>^</sup>Subject to availability, <sup>\*\*</sup>Contains nuts, <sup>\*</sup>May contain nuts

**MINI BURGER DUO** NEW

CHOOSE ANY TWO FROM:  
 Boerewors Patty & Cheddar  
 Buttermilk Chicken  
 Falafel   
 Served with rosemary-salted  
 skin-on fries, sweet potato  
 fries or a side salad.

89 | 3833 kJ

**BBQ STEAK OPEN SANDWICH** NEW

Sesame-crusted beef strips in Asian BBQ sauce,  
 grilled peppers & cabbage, pickled ginger, sesame  
 seeds & spring onion on buttered & toasted  
 sourdough. Served with rosemary-salted skin-on  
 fries, sweet potato fries or a side salad.

109 | 3498 kJ

**SESAME-CRUSTED BUTTERMILK CHICKEN STRIPS**

Deep-fried & served with sweet chilli dipping  
 sauce.

79 | 5050 kJ

## BURGERS & BITES

**COATED SPICY BUFFALO CHICKEN WINGS**

Deep-fried & served with blue cheese dipping sauce.

104 | 3938 kJ

**GOURMET BURGERS**

Served on a sesame brioche bun, with rosemary-salted skin-on  
 fries, sweet potato fries or a side salad.

**VEGGIE**  

Falafel patty, sriracha mayo, tomato,  
 lettuce & sautéed onions.

96 | 3327 kJ



Story behind  
 the dish

**BUTTERMILK CHICKEN**

Deep-fried sesame-crusted chicken strips, rainbow slaw,  
 grated Parmesan, tomato, honey citrus dressing, burger mayo  
 & lettuce.

134 | 4819 kJ

Our premium BBQ basted beef patties are carefully crafted  
 from 100% ground beef. They are cooked medium for more  
 and more flavour, unless requested otherwise.

**BBQ CHEDDAR**

Layered with gherkins, tomato, burger mayo,  
 red onion & lettuce.

139 | 5460 kJ

**AVO<sup>^</sup>, BACK BACON & FETA**

Layered with gherkins, tomato, burger mayo,  
 red onion & lettuce.

159 | 6286 kJ

**CHILLI BACON JAM & FETA**

With chilli bacon jam, whipped feta & rocket.

154 | 5404 kJ

**BIG DADDY**

Layered with gherkins, tomato, burger mayo, red onion &  
 lettuce. With a fried egg, back bacon, hickory ham & cheddar.  
 Topped with battered onion rings.

174 | 8463 kJ

★ | Our fries are locally sourced & we leave the skin on  
 to retain nutrients & reduce waste



# HEARTY & GENEROUS

## CHIPOTLE CHICKEN LIVERS

Pan-fried in a cream, red onion, garlic & smoky chipotle sauce. Served with buttered & toasted sourdough.

87 | 5128 kJ

## FAMOUS ROASTED TOMATO & BASIL SOUP

Topped with basil pesto\*\* & served with a toasted white, wholewheat or rye mozzarella sandwich.

94 | 3805 kJ

Buttered sourdough +10 | 2196 kJ

## SESAME-CRUSTED BEEF & VEG BOWL

Egg-fried basmati rice, stir-fried veg, avo<sup>^</sup>, spring onion & pickled ginger with honey-soy sauce.

169 | 4918 kJ

## SHARING PLATTER

Deep-fried halloumi, sesame-crusted chicken strips, deep-fried coated spicy buffalo chicken wings, battered onion rings & falafels, served with sweet chilli & blue cheese dipping sauces.

239 | 7506 kJ

## MEATY SHARING PLATTER

Herbed pork empanadas, BBQ basted boerewors bites, spiced jerk chicken skewers, chargrilled pork belly rashers & crushed baby potatoes. Served with shakshuka & green herb dipping sauces.

249 | 10818 kJ

## MINI BURGER PLATTER

Boerewors Patty & Cheddar  
Buttermilk Chicken  
Falafel 

ONE OF EACH: 109 | 2371 kJ

TWO OF EACH: 209 | 4741 kJ

## SESAME-CRUSTED CHICKEN & VEG BOWL

Egg-fried basmati rice, stir-fried veg, avo<sup>^</sup>, spring onion & pickled ginger with honey-soy sauce.

129 | 3983 kJ



### PIT BOSS BBQ GRILL

BBQ basted 200g rump, chargrilled pork belly rashers, boerewors, deep-fried coated BBQ chicken wings & half a grilled corn on the cob. Served with a creamy mustard cheddar dipping sauce & rosemary-salted skin-on fries, sweet potato fries or a side salad.

277 | 8385 kJ



### RUMP, WINGS & RINGS NEW

BBQ basted 100g rump, deep-fried coated spicy buffalo chicken wings & battered onion rings. Served with blue cheese dipping sauce & rosemary-salted skin-on fries, sweet potato fries or a side salad.

149 | 6115 kJ



## GRILLS

| Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

### RIB & WING COMBO

200g Chargrilled BBQ pork ribs & deep-fried coated BBQ chicken wings.

209 | 8093 kJ

### GRILLED RUMP

BBQ basted 250g rump, topped with herb butter. Served with battered onion rings & red wine jus.

254 | 5765 kJ

### LOCAL BRAAI PLATE

Rosemary & lemon lamb loin chop, spiced jerk chicken skewers, BBQ basted boerewors & a sourdough braai broodjie. Served with creamy coleslaw or potato salad.

239 | 7460 kJ

# HOT & CHILLED DRINKS

## HOT

### CARIBBEAN MOCHA

Coconut, coffee & chocolate flavours with texturised milk.

61 | 1486 kJ

### RED CAPPUCCINO®

With texturised milk.

EASY: 46 | 956 kJ    SERIOUS: 52 | 1285 kJ

### SINGLE HOT CHOCOLATE

With texturised milk.

47 | 1353 kJ

## BOTTOMLESS

### HOT CHOCOLATE

With texturised milk.

65 | 1353 kJ

### FRUITY FIZZES

Choose any flavour for your refill.

APPLE, MELON & MINT 527 kJ

KIWI & WATERMELON 695 kJ

59

### LEMONADE

59 | 375 kJ

### PEACH ICED TEA

59 | 533 kJ

Served & charged per person.  
Unfortunately, sharing is not allowed.

## CHILLED

### CHINO MUGGACHINO

Refreshingly blended iced coffee.

57 | 1323 kJ

### COLD BEVERAGES

SOFT DRINKS 

32 | 540 kJ

NO SUGAR SOFT DRINKS 

32 | 15 kJ

### CLASSIC MILKSHAKES^ & FRUIT JUICES^

Ask our team about available options.

### SUMMER SHAKES

CHERRY & LEMON

69 | 2806 kJ

### CHOCOLATE\* COCONUT CREAM SHAKE

Refreshing dairy-free blend of coconut cream, oat milk & maple flavoured syrup.

69 | 2568 kJ



Story behind the dish

### STRAWBERRY, HIBISCUS & GINGER SLUSH

79 | 452 kJ



Story behind the dish

### PINEAPPLE & CUCUMBER SLUSH

55 | 873 kJ



Story behind the dish



# TRY OUR **NEW** SUMMER DRINKS



## **PASSION PAVLOVA SUMMER SHAKE**

Passion fruit shake, mini meringue pavlova, strawberry purée & fresh strawberries.

74 | 3057 kJ

## **PEAR & ELDERFLOWER BOTTOMLESS FRUITY FIZZ**

59 | 570 kJ



## **GUAVA & GRAPEFRUIT BOTTOMLESS FRUITY FIZZ**

59 | 557 kJ



# FRESHLY BAKED

Our cakes, pies, tarts & muffins are freshly baked on site by our skilled Master Bakers with delicious locally sourced ingredients, so that you always get a taste of home. As everything is fresh, our selection may vary. If your favourite isn't available today, how about trying something new?

## CAKE SLICE\*\*

79 | 5343 kJ

Add ice cream or whipped cream.

+15 | 118 kJ / 222 kJ

## PIE OR TART SLICE\*\*

Served with ice cream or whipped cream.

69 | 4534 kJ

## FLAPJACK STACK NEW

Three flapjacks served with cream or ice cream.

Plain

65 | 2876 kJ

Choc Chip

69 | 4033 kJ

Blueberry

69 | 3076 kJ

## FAMOUS GIANT MUFFIN\*\*

49 | 5294 kJ

Add butter, strawberry jam & cheddar.

+10 | 1392 kJ

Available in sweet or savoury options.

Made from scratch with the same recipe for over two decades.

## RASPBERRY & PISTACHIO\*\* PANNA COTTA TART SLICE NEW

69 | 1900 kJ



## BERRY & LIME CAKE SLICE NEW

79 | 4299 kJ



# KIDS' MENU

## SESAME-CRUSTED BUTTERMILK CHICKEN STRIPS

Deep-fried & served with skin-on fries<sup>o</sup>.

82 | 2813 kJ

Choose grilled chicken strips & a light side salad to make it better for you. 

92 | 1740 kJ



## EGG IN A NEST

Fried egg in a slice of white, wholewheat or rye toast with back bacon & grated cheddar.

57 | 2112 kJ



## SMALL MILKSHAKE

CHOCOLATE | VANILLA | STRAWBERRY | BUBBLEGUM | LIME

49 | 132 kJ



## MAIN MEALS

Served with skin-on fries.

For a healthier option, swap skin-on fries for sweet potato fries, a side salad, carrot sticks or apple slices.

## CHICKEN BURGER

Grilled chicken breast with mayo.

68 | 2887 kJ

## BEEF BURGER

100% Ground beef patty, BBQ sauce & mayo.

92 | 5556 kJ


Add a slice of tomato & lettuce +10 | 34 kJ

## BREAKFAST

### SMASHED AVO\* & POACHED EGG

Served on buttered white toast.

68 | 1742 kJ

Choose wholewheat or rye toast to make it better for you. 

1701 kJ / 1928 kJ

### BIG BOY BREAKFAST

Scrambled egg, a pork banger, toast soldiers & skin-on fries<sup>o</sup>.

67 | 3102 kJ

### SMALL BOWL OF GOODNESS

Fresh fruit sticks & yoghurt dip.

47 | 586 kJ



## KIDS DRINKS

### LITTLE CHINO

Texturised milk dusted with hot chocolate powder.

15 | 363 kJ

### SMALL FRUIT JUICE\*

Ask our team about available options.

44 | 556 kJ

★ | We are committed to only using free-range eggs

<sup>o</sup>Subject to availability, <sup>\*\*</sup>Contains nuts, <sup>\*</sup>May contain nuts, <sup>o</sup>Swap skin-on fries for sweet potato fries, a side salad, carrot sticks or apple slices



# #MYMUGGTABLE

Love what you see on your table?  
Snap a photo & post it using #MyMuggTable &  
we could be featuring you on our social media pages!

[www.muggandbean.co.za](http://www.muggandbean.co.za)



We don't just make food. We make food with thought. Visit our website to find out how we make food that's good for the environment, for local communities & for you.



Scan here to view nutritional & allergen info



Scan here to view our menu online



HealthyDining

Discovery Vitality members get up to 25% back on all qualifying HealthyDining meal options, plus 50% back on Vitality kids' HealthyDining meals for under 12s. To get your rewards, activate HealthyDining on the Discovery app, purchase a Mugg & Bean HealthyDining meal (you can spot it with the 'V' indicator), and scan your receipt in the HealthyDining section of the Discovery app. Discovery Vitality (Pty) Ltd. Registration number: 1999/007736/07. Limits, terms and conditions apply.

T&Cs apply. Bottomless menu items available for sit-down customers only. Ingredients may vary subject to availability & seasonality. Menu descriptors do not contain full ingredients. Beef macon is available as a substitute for back bacon at selected restaurants only. If you require any allergen information prior to ordering, please ask a member of our team to assist. We use a lot of different ingredients & shared equipment in our kitchens, as well as some products that have been produced by suppliers. Due to this, we cannot guarantee that our food is completely free of allergens or traces of allergens. Portion weights are raw weights. Any change or addition to our original recipes will result in kilojoule count variations. Some items are calculated on the highest kilojoule variant. Consuming raw or under-cooked meats, poultry or eggs may increase your risk of foodborne illness & is done so at your own risk. Only certain pies & tarts are served with cream or ice cream. All visuals are suggested servings only & for descriptive purposes only, size & appearance may vary. All extras will be charged for. Certain menu items are made from non-dairy cream. Not all items on this menu are available as takeaway. While stocks last.



Coca-Cola, Coke & The Red Disc Icon are trademarks of The Coca-Cola Company © 2024.



Mugg & Bean cares. Please recycle.

Generic Summer 2024. Prices quoted in rands & inclusive of VAT.