The treatments you select are reserved especially for you.

Guests will be charged a 50% cancellation fee for treatments canceled less than 6 hours in advance.

Gift vouchers are available for purchase at the spa. Spa vouchers are valid for 3 years.

Prices are subject to change without notice.

Late arrivals will have their treatment times reduced accordingly.

Mobile phones are to be switched off on arrival.

You can redeem your Sunrands at the Spa.



9th Floor, The Towers | (031) 314 7900 suncoasthotels.spa1@tsogosun.com | www.tsogosun.com

# **MEN'S GROOMING**

### HAND GROOMING

30min R250

HAND GROOMING WITH MOISTURISING TREATMENT
45min R300

# **FOOT GROOMING**

30min R300

FOOT GROOMING WITH MOISTURISING TREATMENT
45min R350

#### **BABOR EXPRESS FACIAL**

Awaken your skin with a Radiant Boost to revitalise your skin - for all skin types.

30min R500

### **BABOR MEN'S RE-ENERGISING TREATMENT**

Daily shaving takes its toll, & often injures the skin, this treatment thoroughly moisturizes, desensitizes and restores the skins elasticity.

60min R850

# **ELEMIS EXPRESS FACIAL**

Cleanse, Exfoliate & Moisturise. Leaves the skin revitalised.

30min R600

### **REJUVENATING TREATMENT - BY ELEMIS**

A high performance, deep cleansing treatment targeted at purifying & replenishing aging skin.

60min R950

# **SPA COLLECTIONS**

### **PEBBLE**

Babor Express Facial Back Massage 1 hour R950

#### **ORCHID**

Sea Whisperer Massage Balancing Facial 2 hours R1650

### **TRANQUILITY**

Serene Soul Massage Cleopatra Milk Wrap Pedicure & Polish 3 Hours R2100

#### INDIAN OCEAN DREAM

Sea Whisperer Massage Specialised Facial Cleopatra Milk Wrap Manicure & Polish Pedicure & Polish 7 hours R3100



"Life at the top can be so good"







MASSAGE

### THE SEA WHISPERER

Relax to the flowing sequence of our Signature Massage, a fusion of massage styles from around the world to lull you into a blissfully relaxed state.

•60min R800 •75min R900 •90min R1000

### SERENE SOUL MASSAGE

This intuitive massage can be designed with you in mind, your practitioner will concentrate on your specific needs, should it be extra attention to the back, deep tissue or de-stress.

Please discuss with your practitioner.

•60min R750

•75min R850

•90min R950

#### **HOT STONE MASSAGE**

This luxurious massage relaxes & eases tired, tense muscles & damaged soft tissue throughout the body.

•60min R900

•75min R1050

•90min R1200

# **DANCING FINGERS**

Two therapists, massage in tandem & harmony. This massage will transport you to Indian Islands of peace & tranquility.

45min R1100

### RHYTHMS OF THE BACK

A Favorite for 'busy' people! This relaxing experience is a massage for the entire back of the body & directs most attention to the back & neck, finishing with the head & feet.

45min R750

# MUMMY & ME MASSAGE

A pregnancy massage designed to target mum's specific needs while nourishing your skin with Omega enriched oils. 60min R850

# MASSAGE

#### **BACK MASSAGE**

30min R450

# **INDIAN HEAD MASSAGE**

30min R400

#### REFLEXOLOGY

30min R400

### **REVIVE LEG MASSAGE**

30min R400

#### **FOOT MASSAGE**

30min R250

#### **HAND & FOOT CARE**

Manicure & Polish
Spa Manicure
Pedicure & Polish
Spa Pedicure
Gel Colour - Add on
Gel Re-varnish

60min
R400
60min
R400
75min
R500
30min
R150

# SPA BATH THERAPY

Cleopatra- Relaxing & Moisturising

30min R300

# **WAXING & TINTING**

Please enquire at reception

# **BODY TREATMENTS**

### **BODY POLISH**

A gentle exfoliation & moisturising treatment, leave the skin soft & hydrated.

30min R400

#### **CLEOPATRA MILK WRAP - BY BABOR**

We make you feel like she did! Queen for the day, this treatment cleanses, exfoliates & moisturisers the entire body, leaving your skin replenished, nourished, satin smooth & caressed.

60min R700

### FRANGIPANI BODY TREATMENT - BY ELEMIS

The perfect treatment overlooking the Indian Ocean! An aromatic full body scrub followed by a facial cleanse leaving you feeling relaxed, renewed & pampered.

60min R850

### THERMAL COCOONING TREATMENT - BY BABOR

A detox mud from the Eifel region promotes good circulation, relaxes the muscles leaving the skin feeling warm, nourished, moisturised & comfortable.

60min R800

### BALANCED BODY TREATMENT - BY BABOR

Follow a journey of luxury with a body polish, massage & mask, balancing all energies & creating feeling of wellbeing.

90min R950

# **FACIALS**

#### **OCEAN DEW - BY ELEMIS**

Refresh, revive & re-balance tired skin with an express treatment adapted for every skin type.

30min R600

### **PRO GLOW BRILLIANCE - BY ELEMIS**

A nourishing & detoxifying facial, rich in super foods & minerals to re-energise & revitalise the skin. The perfect nutritional boost for stressed, dehydrated & dull skin.

60min R900

#### PRO GLOW SMOOTH - BY ELEMIS

A marine collagen enriched facial sure to leave your skin feeling plump, hydrated & tightened.

60min R950

### **GLOW BOOST FACIAL - BY BABOR**

Awaken your skin with a Radiant Boost to revitalize your skin - for all skin type.

30min R500

#### **SKIN RENEWAL - BY BABOR**

A peeling treatment using fruit acids creating visible results of a brighter, healthier & rejuvenated skin.

60min R750

### **BALANCING FACIAL - BY BABOR**

Balance your skin, by bringing combination areas into complete harmony leaving you feeling refreshed with an even skin tone while reducing blemishes, giving pores a refined appearance.

60min R900

### **REVITALISING FACIAL - BY BABOR**

Regenerate & soften your complexion with a rich & opulent treatment to improve the skins density to aid a more youthful appearance.

60min R1000